



weaving the loom of the soul

A breathtaking experience in a memorable
Hellenic landscape luxury retreat

based on the soul journey of Ulysses to find
the road to Ithaka

Activate self healing, inspiration, creativity, relaxation, higher consciousness through a unique experiential journey to meet your soul.

The artist and motivational mentor Maria Olon transports audiences on a journey that is at once expansive and transformative, inspired by Homer's Odyssey, the mystical traditions, the arts, neuroscience, theoretical physics and the priceless discovery of the "moment" that transform the experience in a state of serenity and clarity, cultivating the intuitive spirit rhythm to carry it forward into your life.

Experience an immersive experience of metamorphosis

Get ready for a magical mind, heart, body breakthrough experience while you unite with Hellenic miraculous natures surroundings.

Experience your five senses to the fullest

at Supraconscious Luxury Retreat praising the Hellenic heritage to the world and experience Greek organic recipes and wine.

Activate your brain and heart with meditative sound frequencies of transformations.

Through supraconscious meditative reflection and transcendence, master new approaches of form, shape, color and interpretation, body's inspirational stillness in movement, mind's clarity, and heart's joy.

Uplevel your life physically, emotionally, mentally and spiritually, enjoy relaxation and rebalance positive energy while you "be"come part of the universal soul, community and nature.

A joyful therapeutic retreat for clearing blockages and spirit to release that which no longer serves.



7 days

devotion to your soul

7 is the number with a beautiful, restful, mystical vibration. Key to this number's highest expression is self-trust. 7 is recognized as the spiritual seeker, which represents the quest for knowledge. Its energy is introverted and calm, wise and deeply intuitive. It holds the vibration of the intellect, ideas, and higher wisdom. It stands as a symbol for truth and perfection, as it's comprised of the 3 – the number of Spirit and the 4 – the number of the Earth.

In this retreat the seeker is waiving the loom of his/her soul for 7 days to unfold the unity to universal truths, uncovered through highest expression and deep self-trust.

Day 1: Welcoming, short introduction and intention setting.

Our hostess Helen starts preparing our dinner while introducing us to organic recipes dinner. Food for the heart, wine for the mind. Beginning to weave the loom of the soul meditation under the Hellenic starry sky.

Day 2: **Artistic path/heart.** *2 hours. The Intellect of being “Nobody”.

Break. Get to know Naxos island life and people. Visit the Loom center. Dinner. Meditation.

Day 3: **Scientific path/brain.** Make the journey to meet your soul. Recreate the knowledge inner map. *2 hours.

Break. Enjoy the Aegean sea landscapes. Dinner. Meditation.

Day 4: **Meditative path/ Spirit.** Explore how to be the servant of your soul’s journey. *2 hours.

Break. Visit Zeus birth cave. Expanding your divine self. Dinner “celebrating life”, a Hellenic “tsibousi” with Greek traditional music and dance. A Dionysus active meditation.

Day 5: **Material path/body.** The wisdom of the physical world. Discover the three-dimensional world as never before. A new way to perceive the senses. *2 hours.

Break. Meet the goats, sheep, geese, cows. Experience life with nature’s living beings. Dinner. Meditation.

Day 6: **Consciousness path/soul.** The wisdom of the soul. *...hours needed according to the group needs and wands.

Break. Free evening After dinner, a sharing heart gifts discussion will follow. Receive a Supraconscious personal observation and guidance that you can practice every moment. Activate self healing, inspiration, creativity, higher consciousness through your new personal intuitive perspective in life.

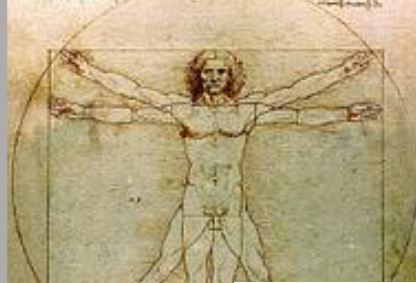
Day 7: Closure.



The retreat is inspired and sponsored by “Supraconscious You theory and method” by the Amazon best seller “Supraconscious, the Genius within You”, guided by Maria Olon.

Organized and hosted by Maria Olon Tsaroucha.





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Supraconscious

You

The Body, Mind & Heart R-Evolution